



**Avenues
College**

OPEN DAY

**Demonstrating students' learning and
showcasing our facilities**

Music and Arts Program

Hospitality - Café and Commercial Kitchen

Science and Technology Labs

Sports Education Pathway

Pedal Prix

Early Years Program

Primary Years Program

Wednesday 10th April 2019

4.30pm - 6.30pm

McKay Ave, Windsor Gardens

For more information please phone: 8261 2733

or visit: www.avenuescollege.sa.edu.au



There are students in the school who have a severe **peanut/nut** and or **egg** allergy. Strict avoidance of peanut/nut products and eggs are the only way to prevent a life threatening allergic reaction.

We are asking your assistance in providing the students with a safe learning environment.

Avenues Update



Robyn McLean
Principal

Allyson Goodale
Head of Early Years

Chan Welfare
Head of Primary Years

Roy Webb
Head of Secondary Years

Teresa Maiolo
*Coordinator of the Centre for
Hearing Impaired (CHI)*

Danielle Smith
Business Manager, B-12

Dear Parents and Caregivers

Over the past two weeks we have had cause to pause and consider our relationships with others through our Anti-Bullying Action Day and our Harmony Day activities. Students have enjoyed participating in special events and were a splash of beautiful colour Thursday with cultural dress from a number of regions interspersed with the symbolic orange of the day. Thank you to parents and families who helped to support in this way. The social and emotional growth of our children is ongoing and requires modelling, guidance and support. In addition to our special events days all children are supported as they grow emotionally through the Child Protection Curriculum, small groups that focus on social skills and visiting professionals who specialise in this area of development. If, at any time, you have concerns regarding your child's social and emotional development and interactions that are outside the expectations of childhood please contact Narelle at school. Narelle is our Wellbeing Leader and may be able to assist or offer some helpful advice.

Our term has progressed rapidly and whilst it feels like we have just begun we are nearing the end of Term 1. As such you will find attached a session planner for Parent/Teacher Interviews to be held in Week 10. Please fill out and return us to by the suggested date to enable scheduling and notification of times for families. We will endeavour to group sessions where families have more than one child making the return of these forms very important. During the interview you can expect information regarding your child's learning and social progress. Should you have any questions, specific or general please be sure to ask your child's teacher at this time.

Attendance has always been a focus for us in the Primary Years as it supports learning and a sense of belonging for students. Lateness also affects learning. Lessons begin at 8:50 with classes launching straight into Literacy, Reading Groups and specialist lessons – all of which have a significant impact on student learning. Please ensure your child/ren arrives at school between 8:30 and 8:45 (8:15 for Breakfast Club) so they are ready to commence lessons at 8:50. We have seen a noticeable rise in late arrivals and hope to reduce this for the remainder of the school year. I thank you for your support.

Kind regards
Chan Welfare

Diary Dates

- 21st Mar Harmony Day
- 2 & 3 Apr Parent/Teacher Interviews
- 4th Apr Auslan Concert
- 5th Apr Preschool Movie Night
- 9th Apr Preschool Photo Day
- 11th Apr Preschool photo catch-up day.
- 10th Apr Open Day - McKay Avenue
- 12th Apr End of Term - Early dismissal - 2pm

McKay Avenue Campus

McKay Avenue, Windsor Gardens SA 5087

T: 8261 2733 F: 8261 0827

E: dl.0906.info@schools.sa.edu.au

Beatty Avenue Campus

Beatty Avenue, Hillcrest SA 5086

T: 8261 3339 F: 8266 1471

E: dl.0906.info@schools.sa.edu.au

W: www.avenuescollege.sa.edu.au



Government of South Australia
Department for Education

Too much sugar is bad for you!

Sugar tastes so good! If you do not go careful though, you could end up really over weight! Sugar is absolutely okay if you are sensible however. It can boost energy, tastes great and it is found naturally in fruit. I believe that sugar is fine if you don't have too much.



By Haiya

Too much sugar is bad for you

Approximately 60% of Australian adults are overweight. The reason many people are overweight is because they eat too much sugar. It costs the government millions of dollars every year due to resulting health related issues such as diabetes. Diabetes can damage the kidneys and can double the risk of a heart attack. Diabetes can reduce the lifespan of a human by a lot and can damage the eyes and even cause blindness. You also double the risk of a stroke by having diabetes. This is why I believe we should eat sugar in moderate amounts.

By Saleh

Recycling should be compulsory

I believe that recycling should be compulsory because many things are wasted. People throw empty bottles, plastic bags and many other recyclable things away that pollute the environment. It takes too long for these things to decompose. Many animals die because of plastic bottles and plastic bags. I think that recycling should be compulsory. Please do not throw plastic away!

By Naifeisa

Energy drinks should be banned

Energy drinks are addictive and have a lot of ingredients that aren't exactly good for you. These drinks are full of sugar, caffeine and chemicals that are addictive. Did you know that one bottle of PowerAde contains 12 teaspoons of sugar? Imagine that in your coffee every morning! Some of the chemicals found in these drinks contain chemicals that are in the human body already like taurine which is an amino acid which is an organic compound but when we have too much it can cause health problems. I believe energy drinks should be banned.



By Alliah

Technology has improved our lives

Technology has helped us over the years because when I was travelling, for example, I didn't swim or walk, I took a plane and a car. Reading a book is fun and all but you can get bored of it so you can play on the ps4 or your tablet instead. When I went out, my mum wanted to know when I was going to be home so she called me on my phone. I believe technology has improved our lives.



By Jack

Year 5/6

TEEL Paragraphs

In the 5/6 class we write creative, persuasive and informative texts using TEEL paragraphs.

- **T for Topic** - a sentence that introduces the main idea of the paragraph
- **E for Explain** - a sentence(s) that gives more detail and information about your idea
- **E for Evidence or Example** - a sentence(s) that provides proof, facts or examples that support your idea
- **L for Link** - a sentence that links back to the main idea of your paragraph

The students selected some of their most well-written paragraphs to publish.

Recycling should be compulsory

LITTERING IS REALLY BAD FOR THE ENVIRONMENT. DID YOU KNOW THAT IF PLASTIC REACHES THE OCEAN, IT CAN KILL SO MANY CREATURES SUCH AS TURTLES, FISH, SHARKS, AND WHALES? THE FACTORIES THAT MAKE PLASTIC CAN ALSO MAKE THE AIR REALLY POLLUTED AND DIRTY FOR US TO BREATHE. I STRONGLY BELIEVE THAT WE SHOULD STOP LITTERING AND MORE PEOPLE SHOULD RECYCLING.

By MARIAH

Recycling should be compulsory

I believe that recycling should be compulsory because many things are wasted. People throw empty bottles, plastic bags and many other recyclable things away that pollute the environment. It takes too long for these things to decompose. Many animals die because of plastic bottles and plastic bags. I think that recycling should be compulsory. Please do not throw plastic away!

By Naifeisa



Students should be able to stay up late, even on school nights!

I know, I know, you want to stay up watching your favourite Netflix series or YouTube! But would you rather be angry and moody all day and watch your favourite show or go to sleep early and have a great day? If you head to bed at a sensible time, you could even watch a little of your favourite show. I strongly believe that students shouldn't stay up late on a school night. If you go to bed late, it's a very unhealthy habit for a growing child because you tend to be tired in the mornings. Tiredness causes you to be unfocused and some people get really moody and angry.

By Rudabah

Cats Are Better Than Dogs

Dogs are loyal and can have many important jobs. They can be guard dogs which protect you. For old people who can't see very well, they can be trained as guide dogs and help show them the way. Dogs can also be useful for the police and trained to sniff out criminals. I believe that dogs are better than cats.

By Ifthikar



RECYCLING SHOULD BE COMPULSORY

The world is getting worse each day as we keep throwing away things that we can recycle. If we don't recycle, lots of animals will die. If you have kids and they have kids, they may not even be able to see the animals that we see today. There used to be more species of beautiful birds before we started cutting down trees and making useless things from them. Have you seen the videos of sea turtles being washed up on shore covered in rubbish? Well if we don't do something soon, all our sea life will be gone! We're chopping down trees and not growing enough new ones. We don't recycle enough paper which is a waste of trees and animals lose their homes. Don't forget our air is also being polluted as there are less trees. IF WE DON'T DO SOMETHING QUICKLY, EARTH WILL BE A LIFELESS PLANET!!

By Mirica

Energy drinks should be banned

I agree that energy drinks should be banned because they advertise falsely, are addictive and can make you hyperactive.

Some energy drinks contain caffeine. Have you ever had a coffee and wanted another? It can be the same with an energy drink because both coffee and energy drinks have caffeine in them and caffeine is addictive. You had better stay away from energy drinks unless you want to be up all night!

By Demetri



Too much sugar is bad for you!

Sugar tastes so good! If you do not go careful though, you could end up really over weight! Sugar is absolutely okay if you are sensible however. It can boost energy, tastes great and it is found naturally in fruit. I believe that sugar is fine if you don't have too much.

By Haiya



#DeadlyKidsSA
Healthy Kids, Healthy SA

8th Annual Strong Aboriginal Children's Health Expo 2019

Thursday 18 April 2019
11:00am to 3:00pm
Adelaide Entertainment Centre

Bookings are essential, please register at Eventbrite:
aboriginalkidshealthexpo.eventbrite.com.au or
email: HealthDeadlyKidsSA@sa.gov.au or
telephone: 08 8226 6116

FREE PARKING

Government of South Australia
SA Health

INCLUSIVE BASKETBALL

SKILLS SESSION

When: Every Friday – Starting 29th of March, 2019
Time: 4:00pm to 5:00pm
Location: Port Adelaide Recreation Centre – 50 St Vincent Street, Port Adelaide.
Cost: GOLD COIN
Bring: Sneakers, water bottle, basketball (not essential) and a smile 😊
Games to start as of Term 3 (July 2019) depending on numbers.

FIRST 35 TO SIGN-UP

FREE BAG, FREE BALL & FREE DRINK BOTTLE

For information please contact
Eliza Wooden on ewooden@basketballsa.com.au
Or 0414 776 115



Term 2 Community Program Planning

We have commenced planning for Term 2 and we have a range of programs we are looking at offering

Programs include:

- **Baby Yoga (for parents/carers with a non-crawling child) facilitated by Blooming Hearts**
- **Sing N Grow (8 week program for 0- 5 years)**
- **Baby Massage (for parents/carers with a non-crawling child)**

If you are interested in attending any of these programs please email Erica on childrenscentre717@schools.sa.edu.au or call on 8261 3339. All program have a capacity number attached, so please let us know if you are interested as soon as possible. It's important to note that limited expression of interest will also affect whether or not a program is provided

AFTER SCHOOL GARE by Camp Australia
we make kids smile

GREAT FUN

- ★ Outdoor games and sports
- ★ Arts & Crafts
- ★ Playing with friends
- ★ Great Educators
- ★ Food and Cooking
- ★ Indoor Activities

To book, visit:
www.campastralia.com.au
or call 1300 105 343

Camp Australia Avenues College OSHC.

OSHC News.

Welcome

Come and try OSHC first day free.

Applies to first booking per child only, valid for BSC and ASC for parents who register from the 25th February 2019. Offer ends conclusion of Term 1 2019.

OSHC provides a safe, fun, engaging program for all children attending the school including the onsite preschool (children must be 4 years of age).

We encourage you to register now and to always book in advance.

Visit: pp.campastralia.com.au/account/register-firstdayfree

What happens in OSHC?

Our program includes elements in the following areas:

- Outdoor play time (children require a hat to wear during terms 1 and 4)
- Construction and manipulative play
- Creative time
- Life skills
- Homework and quiet time
- New experiences

If you would like more information collect a flyer from the front office, preschool or the OSHC room, or contact Camp Australia www.campastralia.com.au or phone 1300 105 343.

Kind Regards

Michelle

Coordinator

visit www.campastralia.com.au

we make kids smile

Harmony Day

Harmony Day is a day for all Australians to celebrate cultural diversity and to share what we have in common. The key message for Harmony Day is that *'everyone belongs'*. Beatty Ave Campus wore orange or traditional cultural dress on Harmony Day to show our respect for each and to celebrate our diversity. We also shared our learning about different cultures and valuing diversity with families and friends at our special Harmony Day assembly.



Students receiving certificates for Kindness



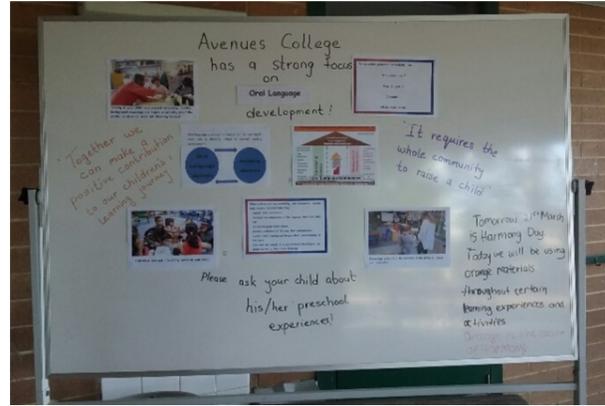


Director: Allyson Goodale

Oral Language Development

Building a strong foundation to support your child's Oral Language development is a key focus for Avenues College Preschool.

We have created an information board for you to engage with, either at drop off or pick-up time. This information encourages all of us to treat children as a conversationalist, our presentation board poses questions, thoughts and provides information about the development of oral language. Please explore this resource with your child and don't hesitate to ask any questions.



Director: Allyson Goodale

Community Programs

Coffee and Craft

Tuesday's 10am – 11:30am

Term 1 has seen the families attending Coffee and Craft working together to produce this cascading egg carton mobile. We are still in need of many more egg carton so please donate your empty cartons. It's pretty exciting to see it slowly come together.



Preschool Photo Day

Photo day will be the **9th April**, but don't worry if you miss this day, we have a catch-up session on the **11th April**

Preschool Movie Night The Gruffalo

Date: 5th April
 Time: 6:30 pm

Enquiries to Allyson Goodale
 The Gruffalo is a magical tale of a mouse who takes a walk through the woods in search of a nut.



Nature Play

Avenues College Children's Centre has partnered with Ingle Farm Children's Centre to run Nature Play twice a term on a Saturday. We absolutely loved seeing so many families at our first group on the 23rd February. Our next session is Saturday the 23rd of March 10am – 11:30am. If you can't join us this time, watch out for our new dates on the Term 2 program.

Couldn't resist sharing this Nature based creation from last year.



Community Health Information

We would like to inform families that we have had a case of **Hand, foot and mouth disease**. Symptoms include tiny blisters on various body parts and may include a fever, sore throat, runny nose or coughing.

If you have any concerns, please talk to one of the Preschool staff or consult your health care professional.